

# STAR NEWS

*nickel blades skating club star skate Newsletter*



**NICKEL BLADES  
SKATING CLUB**

WWW.NICKELBLADES.CA



**November 10th StarSkater Seminar:  
Andrew Poje, Power Yoga Canada  
and The Creative Loft**

**9:00 am- 5:00 pm Garson Arena**

**\*\*groups and schedules will be sent out  
soon\*\***



**November 19 Mock Competition:**

**10:00 am- 3:00 pm Coniston Arena**

**\*\*further details will be announced soon\*\***



**Sault Ste Marie Provincial Series**

registration for Assigned Athletes opens

**November 5th, General Registration**

**opens November 8th**

**Haileybury Provincial Series**

registration for Assigned Athletes opens

**November 24th, General Registration**

**opens November 29th**

**Next month:**

**Nickel Blades Provincial Series December 1-3 Garson Arena**

## Coaches Notes:

- NBSC competition schedule coming soon
- please give 24 hour notice when not able to attend private lesson, otherwise you will be charged for missed lessons
- no baggy clothes, hooded sweaters or jackets and tie hair away from face.
- sharpen skates no less than one week prior to events

